

RACE TEAM

RACE TEAM + DEVO TEAM



MEMBER HANDBOOK 2011/2012



ENJOY YOUR 2012 SEASON . . .

DodgeRidge.com // (209) 965-3474



Dodge Ridge Wintersports Area operates in the Stanislaus National Forest under a Special Use Permit from the U.S. Forest Service. We do not discriminate based on race, color, creed, sex, age or nationality.

Race Team Introduction

Participating in one of the Dodge Ridge Race Teams, whether it is the Development Team or Race Team provides the opportunity for youth and teens to further develop their skiing skills and enjoyment of the sport. Caution! – this can lead to a lifetime of fun filled experiences!

The Development Team is designed for 5 – 8 year old skiers who have progressed through to level 5 or 6 in the Snowsports School and are ready for a fun filled season of mountain adventures with a great coach and group of soon to be best friends. This program will further develop skiing skills through regular training to prepare kids to move on to the Race Team.

The Central Series Race Team provides race focused training and exposure to competitive ski racing for ages 6 – 12. Training is held on weekends and holidays throughout the season and develops skiing skills, race skills and sportsmanship. Please note, J3's (ages 13 and 14) may join the Race Team but unless special arrangements are made, we do not provide coaching for J3 races outside of the Central Series race calendar.

Coaches will train athletes in a variety of conditions which include:

- Variable snow conditions
- Variable weather conditions
- Various terrain
- Various racing disciplines

Our coaching staff believes skiers will develop strong skiing skills through a variety of training methods including:

- Free skiing
- Practicing drills
- Utilizing a variety of terrain and snow conditions
- Running gates

Combinations of these training methods will be used by the coaches throughout the season in a way to best suit the development of each team, age group and skill level.

Our goal is to provide training and an atmosphere which promotes outstanding skiing and a sincere desire to enjoy skiing for a lifetime.

2011 / 2012 Ski Team Products

J6-J4 Central Series Race Team

\$1050.00 Regular season

Includes: Unrestricted 2011/12 Youth/Teen Season Pass and all training days.

Racers train each weekend with the goal of competing against other Central Series Race Teams in their age category, J6 6-8 year olds, J5 9-10 year olds, J4 11-12 year olds and J3 13-14 year olds. Central Series races consist of four, 2-day races and a state wide 4-day championship at the end of the season for J6-J4's. Bear Valley hosts a SL race in January; Dodge Ridge a GS race in February; China Peak a SG/GS race in early March and Badger Pass a SL race mid-March. The Championships are held in late March to early April in either Tahoe or Mammoth. Training is held on weekends and holiday periods with a holiday camp between Christmas and New Years. Training every weekend and competition in races is not mandatory but is highly recommended to maximize your child's skiing and team experience. Helmets are mandatory for all training and competition and a USSA/Far West membership license is required to compete in races. Training begins at 9:00am and concludes at 2:30pm with an hour lunch break. Parents are required to pick their children up for the lunch break.

J3's (ages 13 and 14) may also join the Race Team and participate in the central series circuit. Please note that race events outside of the Central Series circuit are not supported by this program. If coaches are required to attend alternative events for J3 racers, this will require further organization.

Development Team – Ages 5 – 8

\$950.00 Regular Season

Includes: Unrestricted 2011/12 Youth Season Pass and all training days.

When your child is ready to graduate from our Kids Club program, the Dodge Ridge Development Team is the next step.

This program is designed to enhance your child's inherent love of skiing with season long coaching. The team begins after Christmas and meets weekends and holidays for fun filled days of skiing together. All participants are asked to have accomplished all "red level"/level 5 classes or can pass a skill evaluation which will be held on the first day of training. Training will focus on skill and balance development, exploring new terrain and conditions, introduction to gate training and mountain etiquette. Our goal is to ensure your kids have a great time while developing new skills and a love for the sport. Training every weekend is not mandatory but highly recommended to maximize your child's team experience.

Helmets are required for all training and competition, USSA membership is NOT required. Training begins at 9:00am and concludes at 2:30pm with an hour lunch break. Parents are required to pick their children up for the lunch break.

Try Out Process

Try outs will be held for all teams on the first day of training. During this process, coaches will evaluate the basic skiing skills of the athletes to ensure that they are within the range of the group. If required, changes to the child's enrollment can be made after this review, options will be discussed with parents on an individual basis.

Uniforms and Equipment

Members of the Dodge Ridge Race Teams can purchase product on October 2nd, 2011 at a special manufacturer/USSA price in the Dodge Ridge Sport Shop for that day only. Dues must be paid in full to be eligible for the race day discounts.

National Racing Organization

The United States Ski Association (USSA) is the governing body of ski racing. We are a member of the Far West division of USSA. All junior racers wanting to compete in USSA/Far West races must have a valid competition license. Dues vary according to age and class. All races must reach the appropriate age class by December 31 of the current year. When dues have been paid, you will receive a competition license beginning with F and followed by a 7 digit number. This number will be used during

your racing career and for all race registration. The license expires in June and the renewal deadline is October 15th – late fees apply!

USSA Dues and Fees

- J4, J5 – USSA Alpine Youth Competitor \$70.00
Far West Skiing Membership \$35.00
- J3, J2 - USSA Alpine Competitor non scored, Central Series only, \$90.00
Far West Skiing Membership \$35.00

*Late fees of \$25 apply to both organizations if dues paid after October 15th

Race Team Code of Conduct

An important goal of the Dodge Ridge Race Team coaches is to help skiers develop socially, mentally, and physically to ultimately become an all-around skier. The coaches will take a positive approach and strive to establish an optimum training environment.

It is important that Race Team members and parents understand and respect the Race Team Code of Conduct while representing the Team, this includes:

- Always wear a helmet during training and competition.
- Abide by The Skiers Responsibility Code:
 1. Always stay in control and be able to stop or avoid other people or objects.
 2. People ahead of you have the right of way. It is your responsibility to avoid them.
 3. You must not stop where you obstruct a trail, or are not visible from above.
 4. Whenever starting down hill or merging into a trail, look uphill and yield to others.
 5. Always use devices to help prevent runaway equipment.

6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
 7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.
- Be on time – don't delay the rest of the team. All teams meet at the bottom of Chair 3 at 9am unless otherwise directed.
 - Be prepared – wear the appropriate clothing for the day, bring the proper ski equipment and personal protective equipment and don't forget your season pass!
 - Respect the authority of Dodge Ridge employees.
 - Contribute to the positive, fun, family environment at Dodge Ridge.

Dodge Ridge Race Club

The Race Club hosts numerous social events throughout the ski season for parents and kids to develop life time friendships. The Race Club is responsible for organizing the Race Team dinner and raffle for the Dodge Ridge GS race in Feb. They are the key component for on hill volunteers for the GS race; they encourage all parents to volunteer at some level for the race. They are the "go to" support system for new families to understand and to enjoy the racing experience.

Race Information

Race entry fees are due to the ski area hosting the current race 7 days prior to the race date. Entry fees can be turned into the Dodge Ridge Race Team office for a team mailing or mailed individually to the ski area hosting the race by the designated date. All race information will be available in the Race office at least 2 weeks prior to the current race. Parents are responsible for transportation and lodging at away races for themselves and their athletes.

Race Team Office

The Dodge Ridge Race Team office is open Saturdays, Sundays, and holidays. The office is located next to the season locker room, Downstairs in the Creekside Lodge, adjacent to the Plaza.

Communication

By Phone:

The Race Team phone number is 209-536-5362. The phone recording will be updated weekly with training and weather information.

By Email:

You can also email questions to sharms@dodgeridge.com, or bjarratt@dodgeridge.com

Website:

For season schedule updates, race results, photos and more visit www.DodgeRidge.com and navigate to the Race Team page.

Dodge Ridge:

Front desk (209) 965 3474
Snow Phone (209) 536 5300

Race Club:

2011-12 President, James Crist
Email: jamesdrrc@jcrystalbuilders.com

Race Teams Calendar 2011 / 12

(Calendar subject to change)

Date	Development Team	Race Team J6 – J3	Dodge Ridge Events	Race Club Events
October 2	Race Team Kickoff at Dodge Ridge			
November 12			Officials Clinic, Northstar	
November 13			Officials Clinic, Northstar	
December 10	No Training	Limited Training if open		
December 11	No Training	Limited Training if open		
December 17	No Training	Training		
December 18	No Training	Training		
December 24	No Training	No Training		
December 25	No Training	No Training		
December 26	No Training	No Training		
December 27	Training	Holiday Camp		
December 28	Training	Holiday Camp		
December 29	Training	Holiday Camp		
December 30	Training	Holiday Camp		
December 31	Training	Holiday Camp		
January 1	No Training	No Training		
January 7	Training	SL Training		
January 8	Training	SL Training		
January 14	Training	SL Training		
January 15	Training	SL Training		
January 16	Training	SL Training		
January 21	Training	Bear Valley Slalom		

Date	Development Team	Race Team J6 – J3	Dodge Ridge Events	Race Club Events
January 22	Training	Bear Valley Slalom		
January 28	Training	GS Training	Winter Carnival	
January 29	Training	GS Training	Winter Carnival	
February 4	Dodge Ridge GS	GS Training		
February 5	Dodge Ridge GS	GS Training		
February 11	Training	Dodge Ridge GS		
February 12	Training	Dodge Ridge GS		
February 18	Training	SG Training		
February 19	Training	SG Training		
February 20	Training	SG Training		
February 25	Training	SG Training J4 Performance Camp	Ski a thon	
February 26	Training	SG Training J4 Performance Camp		
March 3	Training	China Peak GS/SG		
March 4	Training	China Peak GS/SG		
March 10	Training	SL Training	All Mtn Challenge	
March 11	Training	SL Training	All Mtn Challenge	
March 17	Training	Badger Pass SL		
March 18	Training	Badger Pass SL		
March 24	Parent / Child Race			
March 25	No Training	Training	Demo Day	
April 5	No Training	J4/J5 Championships Northstar		

Date	Development Team	Race Team J6 – J3	Dodge Ridge Events	Race Club Events
April 6	No Training	J4/J5 Championships Northstar		
April 7	No Training	J4/J5 Championships Northstar	Pondskim	
April 8	No Training	J4/J5 Championships Northstar	Spring Fling	